

# All you need is love and cool water

Sporty Stay | Physical Condition : ● ● ○ ○ ○ | Duration : 2 days - 1 night

## IN SHORT :

From cosy bed to spiced activities in nature: this is the perfect gift to your love for people looking for new sensations and adventure.



1/2 journée canyoning

1/2 journée canoë

## ♥ What you are going to love

- Cosy bedroom in the heart of Vallon Pont d'Arc.
- Qualified half-board with meals made from fresh regional products.
- Free canoeing to enjoy beaches and the natural arch of Pont d'Arc.
- Half-day wild canyoning into the Tanargue mountain.

## ESSENTIAL :

### • Activities :

- 1/2 day of canoeing descent 12 kms without a guide
- 1/2 day canyoning

### • Environment : River & Mountain

### • Type of Stay : Sporty Stay

### • Number of people :

- 2 people

### • Accomodation :

- In Clos d'Hélène guestroom

### • Restoration :

- Half-board stay includes : breakfast, over-nigth and dinner.

## DETAILED PROGRAM

	Activities	Meeting time	Meals
DAY 1	MORNING	FREE	
	AFTERNOON	CANOEING	Dinner
DAY 2	MORNING	FREE	Breakfast
	AFTERNOON	CANYONING	

*We always try to respect as much as possible the planned program, but it may be that we have to modify it for comfort or security under conditions encountered.*

### • DAY 1 - Canoeing descent 12 kms without a guide

10h30 / 11h30 / 13h00 : Choose your time and go to the place of activity : Castor Canoë\*.

Dinner on your accomodation place : Clos d'Hélène\*.

Night at Clos d'Hélène.

### • DAY 2 - 1/2 Day Canyoning

Breakfast at Clos d'Hélène

13h15 : Meeting place directly to the place of canyoning\* activity

17h00 : Estimated end time of your activity

End of your stay

\* See Google maps links at the end of specifications to locate your appointments.

## THE STAY

**Start day** DAY 1 Early Afternoon at Castor Canoë

**End of stay** DAY 2 Early afternoon

**Accomodation** Clos d'Hélène - 172 Rue BARBUSSE, 07150 Vallon-Pont-d'Arc  
Guestroom. Double room with bathroom and private WC.

**Physical condition**

- Physical requirement : Be in correct physical condition
- Technical difficulty: No experience in activities is required.

Guide is in charge of all technical aspect. You will be brief at the departure of your canoe activity about navigation.

**Supervision** All our guides, without exception, hold a patent Educator Sportif State in their specialties. All our Guides are insured by professional liability.

## DATES

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From the beginning of April to the end of September according to availabilities. For the July/August time, please call us 3 weeks before minimum.

## RATES

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### The cost includes

- 1/2 day of canyoning : Borne Superior
- 1/2 day of canoeing : non supervised descent of 13 kms (Ardeche river)
- Canyoning activity supervised by an instructor with national diploma.
- Collective and individual equipment according to current standards (neoprene full body suit 5mm, neoprene socks, harness, helmets, backpack and watertight containers)
- The instructor's professional liability insurance
- Half-board accommodation : bed and breakfast, dinner day 1, breakfast day 2
- Creation and organization of your stay
- Home made little guides with ideas of other activities to do around your trip

### The cost does not includes

- Transportation to get to the place of accommodation
- Meals not above-mentioned
- Drinks
- Personal consumption
- Rescue and repatriation insurance.

## YOUR GEAR

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### Foresee

- A light backpack (20L and 35L min max)
- A waterproof jacket
- Warm up long sleeve arctic
- Cord sunglasses
- a swimsuit
- A sports shorts
- A t-shirt with short sleeves
- a pair of socks
- Sports shoes already worn
- Shoes standing at the foot for canoeing
- A 1.5 liter bottle
- A picnic for lunch and energy bars
- A flashlight or headlamp
- A change of clothes for 3 days
- A pair of sandals (flip flops) aerated

### Personal Pharmacy

- sunscreen
- plasters

## MEETING PLACE

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Click on the icons below to download your access plans or show your meeting places appointment on Google Maps.

### • DAY 1 :

#### CANOEING :

TÉLÉCHARGER FICHE ACCÈS 

ITINÉRAIRE SUR GOOGLE MAPS 

#### ACCOMODATION : CLOS D'HELENE

TÉLÉCHARGER FICHE ACCÈS 

ITINÉRAIRE SUR GOOGLE MAPS 

#### CANYONING :

TÉLÉCHARGER FICHE ACCÈS 

ITINÉRAIRE SUR GOOGLE MAPS 

## RESERVATIONS / ADVICES

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*BOOK YOUR STAY NOW ON OUR WEBSITE [www.face-sud.com](http://www.face-sud.com)*

*PHONE [+33 \(0\)4 75 87 27 23](tel:+330475872723)*

*EMAIL [contact@face-sud.com](mailto:contact@face-sud.com)*

*Do not hesitate to contact us by phone, our responses are essential to choose the stay that suits you the best.*



**Week-end in Love**

[www.face-sud.com](http://www.face-sud.com)

[contact@face-sud.com](mailto:contact@face-sud.com)

00 33 4 75 87 27 23

